

# VELB & ILCA

Kongress • Conference • Congrès

Basel • Bâle (CH)

21.-23.10.2010



VELB  
Verband  
Europäischer  
Laktations-  
beraterInnen

European Lactation Consultant Association



ILCA



20. October 2010 VELB-General  
Assembly and „Welcome Reception“

Congress Center Basel

[www.velb.org](http://www.velb.org)

[www.ilca.org](http://www.ilca.org)

[www.stillen.org](http://www.stillen.org)

Protéger  
et soutenir  
l'allaitement

Protection  
and support  
of breast-  
feeding

Stillen  
schützen und  
unterstützen

English  
Programme

**Invitation**

Dear Colleagues,

It gives us great pleasure to invite you, in the name of the European Lactation Consultant Association (VELB) and the International Lactation Consultant Association (ILCA), to the second joint conference in Basel, Switzerland from 21-23 October 2010.

This conference is designed for IBCLC lactation consultants, midwives, physicians and all who support mothers and their babies. In Basel, the city located in the triangle where Switzerland meets Germany and France, you will have the opportunity, under the motto "Protecting and Supporting Breastfeeding" to compare notes with colleagues from around the world, expand your knowledge and collect continuing education credits.

Internationally renowned speakers have already agreed to come. Their contributions to the main topics, breastfeeding and development, skin contact and hormones, breastfeeding special children, breastfeeding in exceptional circumstances and the Code and ethics will enrich your daily work. Further interesting lectures on current trends and other relevant topics in breastfeeding and lactation counseling complete the program.

Furthermore a large selection of short lectures and posters submitted by colleagues from around the world will inspire and stimulate you.

Looking forward to an interesting conference in Basel!

VELB, ILCA and the Swiss Lactation Consultant Association (BSS) extend you a warm welcome.

Dr. Tarané Probst, IBCLC, President of VELB  
Cathy Carothers, IBCLC, President of ILCA  
Claudia Fuhrer Hauser, IBCLC, President of BSS



Photo: © Basel Tourismus

**Conference Overview**

**Wednesday 20. 10. 2010**

- From 11:00 am Early Registration
- 02:00 pm VELB-General Assembly in the Sydney Room - simultaneous translation GE/EN/FR
- From 05:30 pm Introductory Lecture „The Newborn Discovering Mother’s Milk“, Speaker: Luc Marlier, France, in the Singapore Room
- Followed by the "Welcome Reception"

**Thursday 21.10.2010**

- From 08:00 am Registration
- Conference opening
- Plenary lectures in the morning
- Lectures in the afternoon, 25th Anniversary Celebration of IBCLCs
- Parallel symposium of the Swiss Foundation for the Promotion of Breastfeeding (See insert)
- Evening event: Rhine boat trip with dinner

**Friday, 22.10.2010**

- 08.00 – 09.00 am Poster walk and registration for day tickets
- Plenary lectures as well as free choice of 3 lecture series both in the morning and in the afternoon
- Evening event, Dinner in the historic spice merchants' guild house "Safran Zunft"

**Saturday, 23.10.2010**

- 08:00 – 09.00 am Poster walk and registration for day ticket
- Plenary lectures and free choice of 3 parallel lecture series in the morning
- Plenary lectures in the afternoon
- Closing session "Growing Together"

Persons accompanying delegates may also attend the evening events. Please put a check next to the respective event(s) with the total number of people you would like to register.

**Organisation**

**Important Deadlines**

Standard Registration – Payment by 20.09.2010  
Late Registration – Payment after 20.09.2010

**Discounts**

Participants from certain countries receive a 15% discount on the conference fee at registration. Please inquire at the Conference office.

**Registration**

Please use the enclosed registration form for this and send it to the Congress office by email, fax or post. You will receive an invoice/confirmation of registration including bank details for your transfer of funds.

**Conference fees**

	Members		Non-Members	
	EUR	CHF	EUR	CHF
Standard (registration – payment by 20.9.2010)	415,00	622,50	440,00	660,00
Late (registration – payment after 20.9.2010)	435,00	652,00	460,00	690,00
Day tickets	147,00	220,50	155,00	232,50
Midwifery students and specialist nursing students with ID			210,00	315,00
Day tickets			80,00	120,00

**Coffee at break time and lunches** are included in the conference fee.

**Supplementary events**

Welcome Reception with greeting, lecture, finger buffet and drink			30,00	45,00
Boat trip on the Rhine with dinner			65,00	98,00
Relaxed evening with dinner at the „Safran Zunft“ restaurant			30,00	45,00
City Tour through Basel on Sunday morning, duration ca. 2 hours			10,00	15,00

**Continuing Education Credits**

Members of the Swiss Association for Gynecology and Obstetrics SGGG and the Swiss Association for Pediatrics SGP will receive continuing education credits for this.

If you are a physician or midwife from another country, you can apply for continuing education credits to the respective professional association in your country with the confirmation of participation and the program. 18 CERP's (L, R and E) will be given for the entire event including the lecture at the Welcoming Reception. IBCLC Lactation Consultants please fill out the CERP form in your conference documents and give it to the registration desk at the end of the conference. The exact number of CERP's can be seen on the CERP's check-off sheet. You may get a stamp and signature for your continuing education booklet on 21.10 and 22.10 from 16:00 and on 23.10 from 11:00 am at the registration desk.

**Table of Ideas**

An exhibition and sales area at the „Basel Table of Ideas“ is available to you as a participating IBCLC. With this option you have the opportunity to present and sell to a broad public all sorts of products which you have produced, published, designed or manufactured. You will find more information and a registration form at [http://www.velb.org/english/docs/congress\\_2010-table-of-ideas-registration.pdf](http://www.velb.org/english/docs/congress_2010-table-of-ideas-registration.pdf).

**Commercial Exhibition**

During the breaks, go on a voyage of discovery. Numerous exhibitors will inform you about new trends in the area of breastfeeding as well as related topics and services.

**Conference Office and Information**

VELB & ILCA Conference 2010, c/o TS-Management GmbH  
Postfach 139, Brünigstraße 12  
CH-6055 Alpnach Dorf, Switzerland  
Tel: 0041-(0)41 671 01 17  
Fax: 0041-(0)41 671 01 71  
E-mail: [velb2010@ts-management.ch](mailto:velb2010@ts-management.ch)

**Conference Venue**

MCH Messe Schweiz (Basel) AG, Congress Center Basel, 4005 Basel, Switzerland Tel: 0041-(0)58 206 28 16

**Poster Exhibition and Poster Walk**

Take advantage of the opportunity to gather additional information on numerous exciting topics during the poster exhibition. On Fr 22.10 and Sa 23.10 from 08:00 am to 09:00 am there will be a "Poster Walk" during which the authors will personally present their work.

**Lunch and Coffee Breaks**

Snacks during the breaks and lunch are included in the conference fee. You'll find vouchers for them in your conference bag. Catering will be available in the ACV foyer.

**Child Care**

Breastfed babies (up to 6 months of age) may accompany their mothers to the lectures. We ask mothers to leave the room if crying or other sounds become disturbing for the other participants. There will be a breastfeeding corner in the foyer of the Congress Center.

**Speakers Corner**

Should there be unanswered questions after the lectures, speakers will be available in the Speakers' Corner to answer them. Refer to the information sheet in your conference bag to see which speakers can be found there and when.

**Confirmation of participation**

Among your conference documents is a confirmation of your participation with your name filled in. Present this to the registration desk from 12:00 am on Saturday for validation. Should you only take part on individual days, you can have your participation confirmed during the afternoon of those days.

**Headphones for simultaneous translation**

The headphones for the simultaneous translations are the property of the Congress Center and may not be taken out of the building.

You will find a personal headphone voucher in your conference bag. This is to be handed in when the headphones are first given out on 20.10 or 21.10. The headphones must be charged overnight. When you hand back your headphones for this in the evening, you will get your voucher back which you can exchange the next day for the headphones.

**Simultaneous translation**

The conference and the General Assembly will be translated simultaneously in German, English and French.

**Accommodations**

Hotel rooms in different price categories have been reserved for the participants of the VELB & ILCA Conference at special rates. You can book the accommodations you want directly at <https://hotel.basel.com/velb> or find out about the various possibilities at [www.velb.org](http://www.velb.org). You can also find the addresses of private pensions, youth hostels and camping places there. For guests in a hotel in Basel a Mobility Ticket is included in the price. This allows you free use of the well-developed public transportation network.

**Cancellations**

Withdrawal from the conference registration must be in writing and is possible up to 30 days before the start of the conference (20. September). There is a cancellation fee of EUR 50.00 / 75.00 CHF. Should the withdrawal be later or a participant not show up for the conference, the full registration fee will be invoiced. This also applies if this happens through no fault of participant or if it is due to unforeseen or unforeseeable circumstances. However you may name another participant to take your place.

**Liability**

Participants are asked to arrange for personal insurance during the time of the VELB/ILCA Conference. The organizers cannot assume any responsibility for accidents, illness, property damage or personal injury. Neither will responsibility be assumed for program changes due to cancellation by speakers or the like.

**Court of Jurisdiction**

For all legal questions Austrian law applies. The Court of Jurisdiction is the District Court in A-2500 Baden bei Wien.

**Conference scheme**

	20.10.2010	21.10.2010	22.10.2010	23.10.2010	
08:00 am		Registration • Exhibition	Registration • Exhibition • Poster Walk	Registration • Exhibition • Poster Walk	08:00 am
15					15
30					30
45					45
		<b>Room San Francisco</b>	<b>Room Singapore</b>	<b>Room San Francisco</b>	<b>Room San Francisco</b>
09:00 am		Opening of the Conference VELB - ILCA - BSS Language: GE/EN FR	Symposium organised by the Swiss Foundation for the Promotion of Breastfeeding Opening: 13:30 Uhr Language: GE EN	Understanding Children - born to be wild – Herbert Renz Polster, D Language: GE EN/FR	Breastfeeding and Cavities in Toddlerhood – Vera Hüttemann, D Language: GE EN/FR
15					15
30					30
45					45
10:00 am		The International Code in Daily Practice – Liz Brooks, USA Language: EN GE/FR	Human Development and Breastfeeding – Daniel Sellen, CAN Language: EN GE/FR	Human Development and Breastfeeding – Daniel Sellen, CAN Language: EN GE/FR	Nighttime Bf and p.p. Depression Kathleen Kendall-Tackett, USA Language: EN GE/FR
15					15
30					30
45					45
		<b>Break</b>	<b>Break</b>	<b>Break</b>	<b>Break</b>
11:00 am	Registration	Infant Feeding and Child Survival Randa Saadeh, WHO, CH Language: EN GE/FR	Breastfeeding of Babies with Special Needs – Ragnhild Maastrup, DK Language: EN GE/FR	Breastfeeding of Babies with Special Needs – Ragnhild Maastrup, DK Language: EN GE/FR	Does Epidural Anesthesia Hinder the Bf Start? – Louise Dumas, CAN Language: FR GE/EN
15	from 11:00 am				15
30					30
45					45
12:00 am		Economic Viability of Bf for Employers Cathy Carothers, USA Language: EN GE/FR	Mothers in ICU: Is Breastfeeding Still Possible? – Franziska Krähenmann, CH Language: GE EN/FR	Mothers in ICU: Is Breastfeeding Still Possible? – Franziska Krähenmann, CH Language: GE EN/FR	What Mothers Need During Birth and Early P.p. – Bärbel Basters-Hoffmann, D Language: GE EN/FR
15					15
30					30
45					45
		<b>Lunch Break</b>	<b>Lunch Break</b>	<b>Lunch Break</b>	<b>Lunch Break</b>
01:00 pm					01:00 pm
15					15
30					30
45					45
02:00 pm		Skin Contact and the Mother's Psy- chological Health – Isabelle Coté, CAN Language: FR GE/EN	BFHI – S. Honigmann The BFHI in Switzerland - evaluation and future de- velopments – E. Müller	Breastfeeding of Older Babies Tarané Probst, D Language: GE EN/FR	Breastfeeding and Brain Development Nelson Annunziato, D, AUS Language: GE EN/FR
15					15
30					30
45					45
03:00 pm		State of Science and Practical Imple- mentation – Karen Wambach, USA Language: EN GE/FR	BFHI in Indonesia Anna Winoto	Promoting Bf amongst Teenaged Mothers – Karen Wambach, USA Language: EN GE/FR	Biological Nurturing Suzanne Colson, GB Language: EN GE/FR
15					15
30					30
45					45
04:00 pm		Counseling with both „I“s open Cathy Carothers, USA Language: EN GE/FR	BFHI certification after two or three days in hospital? Michael Abou-Dakn	Breastfeeding in Emergency Situa- tions – Lida Lhotska, CH Language: EN GE/FR	Growing Together Closing Session Language: GE/EN FR
15					15
30					30
45					45
05:00 pm		<b>25 Years IBLCE</b> Language: GE/EN FR	Round Table: Future devel- opments of the promoti- on of breastfeeding Presenter: Ursula Zybach	Podium Discussion: Promoting Bf nationally and internationally WHO, EU, GIFA, IBFAN, ABM, IBLCE Language: EN GE/FR	End of the VELB & ILCA Conference 2010
15					15
30					30
45					45
06:00 pm					06:00 pm
15					15
30					30
45					45
07:00 pm		Rhine Boat Trip with Dinner	Dinner in the „Safran Zunft“ Restaurant		07:00 pm

**Welcome Reception** Wednesday 20. 10. 2010 immediately after the lecture of Luc Marlier.

**Invited Speakers and Their Topics**

- Dr. Luc Marlier, PhD, MSc, MPsy, France  
*The Newborn Discovering Mother's Milk - FR*
- Liz Brooks, JD, IBCLC, FILCA, USA  
*The International Code in Daily Practice - EN*
- Randa Saadeh, Msc, RD, WHO Geneva, Switzerland  
*Infant Feeding and Child Survival – Have We Done Enough? - EN*
- Cathy Carothers, BLA, IBCLC, FILCA, USA  
*Calculating the Economic Viability of Breastfeeding for Employers - EN*
- Isabelle Côté, inf B.Sc., IBCLC, Canada  
*Skin Contact and the Mother's Psychological Health - FR*
- Karen Wambach, PhD, RN, IBCLC, USA  
*State of Science and Practical Implementation - EN*
- Cathy Carothers, BLA, IBCLC, FILCA, USA  
*Counseling with both "I"'s open - EN*
- Associate Professor Ellen McIntyre, IBCLC, IBLCE Chair, Australia, Ilse Bichler, IBCLC, Regional Director for Europe and the Middle East, Austria, Dr. Tarané Probst, MPH, IBCLC, Germany, Cathy Carothers, BLA, IBCLC, FILCA, USA  
*25 Years IBLCE – Time to Celebrate - GE/EN*
- Dr. med. Herbert Renz Polster, Germany  
*Understanding Children – Born to be wild - GE*
- Daniel Sellen, PhD, Prof. of Anthropology, Nutritional Science and PH, Canada  
*Human Development and Breastfeeding - EN*
- Dr. Suzanne Colson, PhD, Msc, BA, RGN, RM, Great Britain  
*Biological Nurturing - EN*
- Ragnhild Maastrup, RN, IBCLC, Denmark  
*Optimizing breastfeeding for infants with limited physical capacity - EN*
- Dr. Franziska Krähenmann, IBCLC, Switzerland  
*Mothers in ICU, Is Breastfeeding Still Possible? - GE*
- Dr. Tarané Probst, MPH, IBCLC, Germany  
*Breastfeeding of Older Babies - GE*
- Karen Wambach, PhD, RN, IBCLC, USA  
*Promoting Breastfeeding amongst Teenaged Mothers - EN*
- Lida Lhotska PhD, Switzerland  
*Breastfeeding in Emergency Situations - EN*
- Representatives of WHO, EU, GIF, IBFAN, ABM, IBLCE  
*Podium Discussion: Promoting Breastfeeding nationally and Internationally - EN*
- Dr. med. dent. Vera Hüttemann, Germany  
*Breastfeeding and Cavities in Toddlerhood - GE*
- Kathleen Kendall-Tackett, PhD, IBCLC, USA  
*Does Nighttime Breastfeeding increase woman's risk of Postpartum Depression? - EN*
- Louise Dumas, MSN, PhD, Post Doctoral Studies in Perinatal Medical, Canada  
*Does Epidural Anesthesia Hinder the Breastfeeding Start? - FR*
- Dr. Bärbel Basters-Hoffmann, IBCLC, Germany  
*What Mothers Need During Birth and Early Postpartum - GE*
- Prof. Dr. (BRA) Nelson Annunziato, Germany, Australia  
*Breastfeeding and Brain Development - GE*

**Additional Lectures**

**Lecture Series A, Friday from 09:00 am to 12:15 pm**

Breastfeeding and dying in Sudan, Nuba Mountains, South Kurdufan – A field report in words and pictures - GE	Werbeck Rosmarie, Germany
A model for education: Lactation Consulting Post Graduate Course incorporated into a University setting - EN	Török Szabolcs, Dr., MD, PhD, IBCLC, Hungary, Ibolya Éva Rózsa, IBCLC, Hungary
Evolution of breastfeeding practices in Brazil - EN	Venancio Sonia Isoyama, MD, PhD, Brazil
Factors associated with breastfeeding in Slovenia - EN	Vettorazzi Renata, RN, Bsc, Slovenia

**Lecture Series B, Friday from 09:00 am to 12:15 pm**

The confusion of numbers: How we make clinical decisions - EN	Pessl Molly, BSN, IBCLC, USA
Swimming against a strong current: Experts in the lactation field identify remaining obstacles to re-building the breastfeeding culture - GE	Rosin Stefanie, LLL, IBCLC, Doctoral Candidate, Health Sciences Department, University of Bielefeld, Germany
Opportunities for the IBCLC in the new Dutch healthcare insurance system - EN	Van Noort A. Marijke, IBCLC, The Netherlands
Improving your practice through research - EN	McIntyre Ellen, Associate Prof. IBCLC, Australia

**Lecture Series C, Friday from 09:00 am to 12:15 pm**

Preventing hypernatremic dehydration in the breastfed baby - EN	O'Hagan Lorraine, RN, RM, IBCLC, BSc Midwifery, Ireland
Overabundant milk supply - diagnosis and treatment options - EN	van Veldhuizen, Gonneke, IBCLC, NL
Re-examination of nipple shield use, infant growth and maternal satisfaction - EN	Chertok Ilana, Dr., PhD, RN, IBCLC, Associate, Prof., USA
Skin contact in the first hour of life in Egyptian hospitals: Barriers and outcomes - EN	Abul-Fadl Azza, Prof.MD, MPH, IBCLC, Egypt

**Lecture Series D, Friday from 01:45 pm to 05:45 pm**

Case reports of tongue tie in the private practice of an IBCLC – influencing factors, problems and different outcomes - GE	Guóth-Gumberger Márta, Dipl.Ing., IBCLC, Germany
Babies with a cleft lip and palate – What can the surgeon contribute to feeding? Are there new findings from ultrasound? - EN	Dr. Dr. Johannes Kuttenger, Oral Surgeon Lucerne, Switzerland Herzog-Isler Christa, RN, IBCLC, AEB, Switzerland
Optimizing positioning and attachment in the daily practice of a self-employed lactation consultant - FR	Darmangeat Véronique, IBCLC, France
Around the Table – a model of breastfeeding support for families with children who have cleft lip and palate - EN	Norman Judy, RN, MN, MPH, IBCLC, Ethiopia

**Lecture Series E, Friday from 01:45 pm to 05:45 pm**

Re-branding breastfeeding for the 21st Century - FR	Akré James, BA, MPIA, France
Increasing exclusive breastfeeding rates among adolescent mothers – a successful intervention involving grandmothers - EN	Giugliani Elsa, MD, PhD, IBCLC, Brazil
1800 mum 2 mum: The Australian Breastfeeding Association Telephone Helpline: Who calls and why? - EN	Glare Barbara, BA, Dip.Ed, IBCLC, Australia
Breastfeeding in the crèche? Yes, it is possible! - FR	Emery-Martin Séverine, IBCLC, Switzerland

**Lecture Series F, Friday from 01:45 pm to 05:45 pm**

Supporting infant feeding in a children's hospital: Developing a team approach - GE	Frischknecht Kerri, RN, RM, IBCLC, Switzerland Kaumann Nicole, Logopädin, Switzerland
Enhancing breastfeeding support in newborn intensive and special care - EN	Moorhead Anita, RM, IBCLC, Australia, Judith Russell, Midwife, Bac. Nsg, Grad Cert Tert Edu, Cert IV Training, Assessm, IBCLC, BFHI assessor, educator, Australia
The key to discharge: hospital-employed midwives: How can they support breastfeeding after hospital discharge? - EN	Op de Beeck Hildegard, RM, IBCLC, Belgium
The Impact of the „Baby-Friendly Hospital“ initiative in New Zealand - EN	Stufkens Julie, RD, MNZM, New Zealand

**Lecture Series G, Saturday from 09:00 am to 12:15 pm**

The breastfeeding-friendly pediatric practice - GE	Radon Martin, Dr., IBCLC, Austria
How advertising works – GE	Von der Ohe Gudrun, M.D., IBCLC, Germany
The place of breastfeeding in food ethics - EN	Vercoetere Sofie, RN, MMorSc, PhD student, Belgium
Ethics among colleagues - GE	Nindl Gabriele, IBCLC, Educator, Austria



Photo: © Basel Tourismus



Photo: © Basel Tourismus



Photo: © Office de Tourisme de Colmar photographer: G. Würth



Photo: © Basel Tourismus

## Additional Lectures (continues)

### Lecture Series H, Saturday from 09:00 am to 12:15 pm

Why women (don't) breastfeed: A mental health view of breastfeeding behavior - GE	Honigmann Gianolli Silvia, IBCLC, Nutritionist, Switzerland
Which women breastfeed successfully and what more can we do for breastfeeding promotion? -GE	Dr. Rasenack Regina, IBCLC, Germany
Breastfeeding or the baby bottle and pacifier in the socialization of children - GE	Végh Ágnes, Psychologist and perinatal consultant, Hungary
Interaction and relationships in breastfeeding families - EN	Epstein-Gilboa Keren, Dr., PhD, Med., BSN, RN, FACCE, LCCE, IBCLC, RLC, Canada

### Lecture Series I, Saturday from 09:00 am to 12:15 pm

The effect of giving birth with anesthesia and a low hemoglobin level on the breastfeeding start post partum - GE	Gubler Tabea, Doctoral candidate, Switzerland
The prevention of premature birth, atopy and asthma in children through correcting dysbiosis and the positive influence on lactation connected with it - GE	Rösler Antje, Germany
The significance of skin contact and bonding - GE	Vogelsang Eva, IBCLC and baby-wearing consultant, Germany
The relationship between intrapartum intravenous therapy and newborn weight loss: Challenging the rules for early supplementation of the exclusively breastfed baby - EN	Sheehan Kim, RN, BScN, MSc, Canada

## 10 Reasons to attend the 2010 VELB/ILCA Conference

1. In the 22 plenary lectures, top speakers from Europe and abroad will present the most up-to-date information on a variety of topics around breastfeeding.
2. Out of 36 selected lectures by speakers who submitted abstracts from many countries, you can choose topics from a broad spectrum which fit your interests and inclinations. Select from 3 parallel options!
3. Visit a comprehensive poster presentation with research and case studies from the work of specialists from all over the world.
4. You can collect continuing education points for your professional specialty as well as CERPs during three varied and extremely interesting conference days.
5. A large professional exhibition with a broad array of offerings and multiple vendors of breastfeeding aids, carriers, professional literature, pharmaceutical products and many other products that relate to this topic area awaits your visit.
6. Get together with participants from all over the world to broaden your horizons and enrich your day to day work.
7. A unique opportunity to network with like-minded people is valuable for comparing notes and supports your work.
8. Are you an IBCLC? Then you have a special opportunity to use an exhibition and sales area at the "Basel Table of Ideas" where you can present and sell to a broad public, products of all sorts which you have produced, published, designed or manufactured.
9. We are organizing two special evenings for you in Basel: A boat trip on the Rhine with dinner – let yourself be pampered by the staff of the "White Fleet" and enjoy the lovely scenery along the Rhine. A relaxed evening in the "Safran Zunft" restaurant, the historic guild house of the spice merchants in Basel
10. On Sunday you can take part in a city tour. Experience the Old City in Basel in its medieval glory with the Basel Cathedral, the grand merchant and manor houses and numerous historic buildings. Basel is regarded as the book publishing, humanist, papal and alchemy city of Central Europe.



Photo: © www.picswiss.ch/  
photographer: Roland Zumbühl



Photo: © Friedrich Reinhardt Verlag