

## **Medication and breastfeeding**

### **an explanatory list for mothers and professionals**

[www.borstvoeding.com/problemen/medicijnen/medicijnlijst-e.html](http://www.borstvoeding.com/problemen/medicijnen/medicijnlijst-e.html)

This list, containing about 750 medicament's, is specifically developed for mothers and professionals. If you are in need of a 'usually safe' or 'not safe' medicine, check with your doctor and show him the list for professionals.

Paediatrician [Erica Post](#) compiled this list [third version], based on the latest book of [Thomas Hale](#) [2008] and the latest recommendations of the American Academy of Paediatrics [2001]. This third update and translation was facilitated by the [Kenniscentrum Borstvoeding](#) with the help of [Rebecca Holman](#) and [Stefan Kleintjes](#), dietician, in September 2008 and June 2009.

#### **Explanation for users**

The medicaments in this list are ordered alphabetically and we have used the therapeutic moiety of the medication as it's name. For example Valium is named Diazepam. Valium is a brand name for Diazepam. Furthermore, the list contains, apart from the name of the medication and its function, the advice of Thomas Hale [L1 - L5] and the advice of the AAP. The information in the fifth column is used for attentions, not listed in the other columns, but things to remember. For example, antibiotics can cause Candida-infection.

#### **The advices of Dr. Thomas Hale, pharmacologist**

[Thomas Hale's](#) advices are listed in the third column. Hale updates his advices every two years [last update 2008]. His advices are based on all known pharmacokinetic aspects important for breastfeeding mothers and their baby's. Hale's information is also based on the most recent published scientific articles. Based on this information he determines the lactation risk category.

Thomas Hale lactation risk categories:

- **L1 Safest**

Drug which has been taken by a large number of breastfeeding mothers without any observed increase in adverse effects in the infant. Controlled studies in breastfeeding women fail to demonstrate a risk to the infant and the possibility of harm to the breastfeeding infant is remote; or the product is not orally bio-available in an infant.

- **L2 Safe**

Drug which has been studied in a limited number of breastfeeding women without an increase in adverse effects in the infant. And/or the evidence of a demonstrated risk which is likely to follow use of this medication in a breastfeeding woman is remote.

- **L3 Moderately safe**

There are no controlled studies in breastfeeding women, however, the risk of untoward effects to a breastfed infant is possible; or, controlled studies show only minimal non-threatening adverse effects. Drugs should be given only if the potential benefit justifies the potential risk to the infant. New medications that have absolutely no published data are automatically categorized in this category, regardless of how safe they may be.

- **L4 Possibly hazardous**

There is positive evidence of risk to a breastfed infant or to breast milk production, but the benefits from use in breastfeeding mothers may be acceptable despite the risk to the infant, e.g. if the drug is needed in a life-threatening situation or for a serious disease for which safer drugs cannot be used or are ineffective.

- **L5 Contraindicated**

Studies in breastfeeding mothers have demonstrated that there is significant and documented risk to the infant based on human experience, or it is a medication that has a high risk of causing damage to an infant. The risk of using the drug in breastfeeding women clearly outweighs any possible benefit from breastfeeding. The drug is contraindicated in women who are breastfeeding an infant.

### **The advices of the American Association of Paediatrics [AAP]**

The American Association of Paediatrics [AAP] also gives advice about medication and breastfeeding. Their information has a different categorizing and they have less information than Thomas Hale. When Hale and the AAP do not agree, Hale is usually stricter. For example, when medication has a bad influence on the quantity of milk, Hale lists this as negative while the AAP doesn't. The advices of the AAP are listed in the fourth column.

#### Lactation risk categories by AAP

- Compatible: can be combined with breastfeeding.
- Caution: can be combined with breastfeeding under certain circumstances.
- Cessation: cannot be combined with breastfeeding.

DRUG	FUNCTION	HALE	AAP	COMMENT
A				
Acamprosate	Anti alcoholism	L3		
Acarbose	Anti diabetes	L3	?	
Acebutolol	Anti hypertensive	L3 [hypotension]	Compatible	
Acetaminophen [paracetamol]	Analgesic	L1	Compatible	
Acetazolamide	Diuretic	L2	Compatible	
Acetohexamide	Anti diabetes	L3 [observe for hypoglycemia]	?	
Aciclovir	Anti viral	L2	Compatible	
Acitretin	Anti psoriatic	L5	Compatible	Low in mothers milk but probably very toxic to a growing child
Adalimumab	Anti reumatic	L3	?	
Adefovir	Anti hepatitis	L4	?	
Albendazole	Anti worms	L3	?	
Albuterol	Bronchodilatation	L1	?	
Alemtuzumab	Anti leukemic	L3-L4	?	
Alfentanil	Narcotic Analgesic	L2	?	
Allergy injections	Desensibilisation	L1	?	
Allopurinol	Anti gout	L2	Compatible	
Almotriptan	Anti migraine	L3 [none reported via milk]	?	
Alprazolam	Anti anxiety	L3	Concern?	
Alteplase	Thrombolytic	L3 [Short T 1/2=45minutes]	?	
Amantadine	Anti viral	L3 [reduces prolactin]	?	
Amikacine	Antibiotic	L2	?	Candida?
Aminosalicylic acid	Anti tubercular	L3 [diarrhea?]	Caution	
Amiodarone	Anti arrhythmic	L5 [M/P=5-13! hypothyroidy?]	Concern?	
Amitriptyline	Anti depressant	L2	Concern?	
Amlodipine	Anti	L3 [bradycardia?]	?	

Besylate	hypertensive	hypotension?]		
Amoxicilline (with Clavulanate)	Antibiotic	L1	Compatible	Candida?
Amphetamin	Amfetamine	L5 [agitation convulsions]	Cessation	
Amphotericine B	Anti fungal	L3 [none reported via milk; absorption unlikely]	?	
Ampicilline	Antibiotic	L1	?	Candida?
Anthrax vaccine	Vaccination	L3	?	
Antipyrine	Analgesic	L5	?	
Ascorbic acid	Vitamin	L1	?	
Aspartame	Sweetener	L1[L5 for child with PKU]	?	
Aspirin	Analgesic	L3 [Reye syndrome?]	Caution	
Atenolol	Anti hypertensive	L3 [bradycardia, hypotension?]	Caution	
Atomoxetine	Anti ADHD	L4 [none reported via milk, insomnia? Irritable?]	?	
Atorvastatine calcium	Reduces cholesterol	L3 [cholesterol is important!]	?	Better not to use during breast feeding
Atropine	Anti cholinergic	L3	?	
Azapropazone	Analgesic	L2	Compatible	
Azathioprine	Immuno-suppressant	L3 [bone marrow suppressive!]	?	
Azelastine	Anti histamine	L3 [bitter taste, drinks less?]	?	
Azithromycine	Antibiotic	L2	Compatible	Candida?
Aztreonam	Antibiotic	L2	Compatible	Candida?
B				
Baclofen	Muscle relaxant	L2	Compatible	
Barium	Contrast substance	L1	?	
Beclomethason	Steroid	L2	?	
Benazepril	Anti hypertensive	L3 [hypotension]	?	
Bendro flumethiazide	Diuretic	L4 [reduces lactation!]	Compatible	

Benzonatate	Anti cough	L3 [little known]	?	
Bepridil	Anti hypertensive	L4 [long T 1/2 and high oral availability]	?	
Betamethason	Steroid	L3 [none reported]	?	
Betaxolol	Anti hypertensive	L3 [hypotension?]	?	
Bethanechol chloride	Cholinergic	L4 [diarrhea, GI symptoms]	?	
Bisacodyl	Laxative	L2	?	
Bisoprolol	Antihypertensive	L3 [hypotension? hypoglycemic?]	?	
BMR vaccine	Vaccine	L2 [light rash?]	?	
Bromides	Sedative	L5 [sedative]	Compatible	
Bromocriptine	Prolactin suppression [no longer used because of side effects by the mother]	L5 [reduces milk production]	Caution	
Brompheniramine	Anti histamine	L3 [insomnia, irritable]	?	
Budesonide	Steroid	L3 [none reported via milk]	?	
Bumetanide	Diuretic	L3 [none reported via milk]	?	
Bupivacaine	Local anesthetic	L2	?	
Bupropion	Anti depressive, helps to stop smoking	L3 [reduces milk production?]	Concern?	
Buspirone	Antianxiety	L3	?	
Busulfan	Cytostatic	L5 [cytotoxic]	?	
Butabarbital	Sedative	L3 [sedative]	?	
Butalbital	Sedative, Analgesic	L3 [sedative]	?	
Butorphanol	Narcotic	L3 [Sedative]	Compatible	
C				
Cabergoline	Anti prolactin	L4 [reduces milk production!]	?	
Cafeine	Stimulant	L2 [sometimes irritable and insomnia]	Compatible	

Calcitonin	Calcium metabolism	L3 [reduces milk production?]	?	
Cannabis	Hallucinogen	L5 [sedation, long T 1/2]	Cessation	
Captopril	Anti hypertensive	L2 [hypotension?]	Compatible	
Carbamazepine	Anti convulsant	L2	Compatible	
Carbamide peroxide	Anti bacterial, Whitening agent	L1	?	
Carbenicilline	Antibiotic	L1	?	Candida?
Carbidopa	Dopamine antagonist	L3	?	
Carbimazol	Thyroid inhibitor	L3 [but PTU is preferred]	Compatible	
Carisoprodol	Muscle relaxant	L3 [Sedation?]	?	
Carteolol	Anti hypertensive	L3 [hypotension? hypoglycemia? lethargy?]	?	
Carvedilol	Anti hypertensive	L3 [hypotension? hypoglycemia?]	?	
Cefaclor	Antibiotic	L1	?	Candida?
Cefadroxil	Antibiotic	L1	Compatible	Candida?
Cefazolin	Antibiotic	L1	Compatible	Candida?
Cefdinir	Antibiotic	L2	?	Candida?
Cefditoren	Antibiotic	L3 [none reported via milk ]	?	Candida?
Cefepime	Antibiotic	L2	?	Candida?
Cefixime	Antibiotic	L2 [diarrhea?]	?	Candida?
Cefoperazon Sodium	Antibiotic	L2 [diarrhea?]	?	Candida?
Cefotaxim	Antibiotic	L2 [diarrhea?]	Compatible	Candida?
Cefotetan	Antibiotic	L2 [diarrhea?]	?	Candida?
Cefoxitin	Antibiotic	L1	Compatible	Candida?
Cefpodoxim proxetil	Antibiotic	L2 [diarrhea?]	?	Candida?
Cefprozil	Antibiotic	L1	Compatible	Candida?
Ceftazidime	Antibiotic	L1 [diarrhea?]	Compatible	Candida?
Ceftibuten	Antibiotic	L2 [diarrhea?]	?	Candida?
Ceftriaxon	Antibiotic	L2 [diarrhea? oral - difficult to attain]	Compatible	Candida?
Cefuroxim	Antibiotic	L2 [diarrhea?]	?	Candida?
Celecoxib	NSAID	L2	?	
Cephalexin	Antibiotic	L1 [diarrhea?]	?	Candida?

Cephalothin	Antibiotic	L2 [diarrhea?]	?	Candida?
Cephapirin	Antibiotic	L1 [diarrhea?]	?	Candida?
Cephradin	Antibiotic	L1 [diarrhea?]	?	Candida?
Cerivastatin	Anti cholinergic, lowers cholesterol	L3 [cholesterol is important!]	?	Better not use during breast feeding
Cetirizine	Anti histamine	L2 [sedative?]	?	
Chickenpox vaccine	Vaccine [living]	L4 [only in emergency situations]	?	
Chloralhydrate	Sedative	L3 [sedative?]	Compatible	
Chlorambucil	Cytostatic	L5 [cytotoxic]	?	
Chloramphenicol	Antibiotic	L4 [sensibilisation?]	Concern?	Candida?
Chlordiazepoxide	Benzodiazepine	L3 [sedative?]	?	
Chlorhexidine	Anti microbial	L4 [when sprayed on the nipple bradycardia]	?	
Chloroquine	Anti malarial	L3 [diarrhea? hypotension?]	Compatible	
Chlorothiazide	Diuretic	L3 [reduces milk production?]	Compatible	
Chlorpheniramine	Anti histaminie	L3 [sedative?]	?	
Chlorpromazine	Tranquillizer	L3 [sedative]	Concern?	
Chlorpropamide	Anti diabetic	L3 [hypoglycemia?]	Concern?	
Chlorprothixeen	Tranquillizer	L3 [sedative?]	Concern?	
Chlorthalidon	Diuretic	L3 [reduces milk production?]	Compatible	
Cholestyramine	Cholesterol binder	L1 [oral availability 0 %]	?	
Chorionic Gonadotropin	Placental hormone	L3 [none reported via milk]	?	
Cimetidine	Reduces gastric acid	L2	Compatible	
Ciprofloxacin	Antibiotic	L3 [diarrhea, changes color of teeth!]	Compatible	Candida?
Cisapride	Stimulates stomach and bowels[seldom used]	L2	?	Rhythm deregulator?
Cisplatinum	Cytostatic	L4 [cytotoxic, M/P more as 1]	Compatible	
Citalopram	Anti depressive	L3 [sedative]	?	

Clarithromycine	Antibiotic	L1	?	Candida?
Clemastine	Anti histamine	L4 [sedative, irritable, convulsions]	Concern?	
Clindamycine	Antibiotic	L2 [diarrhea?]	Compatible	Candida?
Clobazam	Benzodiazepine	L3 [sedative?]	?	
Clomifeen	Ovulation stimulation	L3 [reduces early milk production]	?	
Clomipramine	Anti depressive	L2	Concern?	
Clonazepam	Benzodiazepine	L3 [sedative?]	?	
Clonidine	Anti hypertensive	L3 [hypotension? reduces milk production?]	?	
Clorazepate	Benzodiazepine	L3 [sedative, constipation]	?	
Clotrimazol	Anti fungus	L1	?	
Cloxacilline	Antibiotic	L2 [diarrhea?]	?	Candida?
Clozapine	Sedative	L3	Concern?	
Cocaine	Stimulant	L5 [choking, vomiting, diarrhea, irritation, hypertension, tachycardia, dangerous]	Cessation	
Codeine	Analgesic	L3 [sedative?]	Compatible	
Coenzym Q10	Co-factor	L3	?	
Colchicine	Analgesic for gout	L4 [somewhat unknown, bone marrow depression?]		
Colesevelam	Reduces cholesterol	L1 [oral availability 0%]	?	
Corticotropine	Stimulates cortisol release	L3	?	
Coumarin derivates	Anti coagulant	L2	Compatible	
Cromolyn Sodium	Anti allergy	L1	?	
Cyclizine	Anti histamine	L3 [none reported via milk]	?	
Cyclobensaprine	Muscle relaxant	L3 [none reported via milk, sedation?]	?	
Cyclopentolate	Dilates pupils	L3		
Cyclo-phosphamide	Cytostatic	L5 [bone marrow]	Caution	



		suppressant]		
Cycloserine	Anti tuberculosis	L3 [none reported via milk]	Compatible	
Cyclosporine	Immune Suppression	L3 [cytotoxic?]	Caution	
Cyproheptadine	Anti histamine	L3 [none reported via milk, sedative?]	?	
Cytarabine	Cytostatic	L5 [cytotoxic]	?	
D				
Dactinomycine	Cytostatic	L5 [cytotoxic]	?	
Dalteparine	Anticoagulant	L2	?	
Danazol	Androgen	L5 [reduces milk production? none reported via milk]	?	
Dantrolene	Muscle relaxant	L4 [none reported via milk]	?	
Dapsone	Antibiotic	L4 [hemolytic anemia?]	Compatible	Candida?
Daptomycine	Antibiotic	L3 [none reported via milk and adverse effects unlikely]	?	Candida?
DEET	Insect repellent	L3 Avoid use on large areas	?	
Deferoxamine	Iron binder	L3 [none reported via milk and adverse effects unlikely]	?	
Desipramine	Anti depressant	L2	Concern?	
Desloratadine	Anti histaminic	L2	?	
Desmopressine	Anti diuretic hormone	L2	?	
Dexamethasone	Steroid	L3 [avoid high doses]	?	
Dexfenfluramine	Diet pill	L4 [none reported via milk]	?	
Dextro amphetamine	CNS Stimulant	L3 [none reported via milk but	Caution, cessation	

		caution]		
Dextro methorphan	Anti cough syrup	L1	?	
Diazepam	Sedative	L3[L4 chronic use] lethargic or sedation	Concern?	
Dibucaine	Local anesthetic	L3 [none reported via milk]	?	
Diclofenac	NSAID	L2	?	
Dicloxacilline	Antibiotic	L1	?	
Dicyclomine	Anti cholinergic	L4 [apnea, constipation, tachycardia]	?	
Diethylpropion	Effects hunger feeling [amphetamine]	L5 [possibly less thirst, agitation effectssleeping pattern]	?	
Diethylstilbestrol (DES)	Estrogen	L5	?	
Diflunisal	NSAID	L3 [none reported via milk]	?	
Digitoxine	Heart stimulant	L3 [none reported via milk]	?	
Digoxine	Cardiac stimulant	L2	Compatible	
Dimenhydrinate	Anti motion sickness	L2	?	
Diphenhydramine	Anti histamine	L2 [none reported via milk possible sedation?]	?	
Diphenoxylate	Anti diarrhea	L3 [possible constipation? Sedative?]	?	
Dipivefrine	Anti glaucoma	L2	?	
Dipyridamol	Opens veins, anti coagulant	L3 [none reported via milk, seems no point]	?	
Dirithromycine	Antibiotic	L3 [none reported via milk]	?	Candida?
Disopyramide	Anti arrhythmic	L2	Compatible	
Disulfiram	Inhibitor of alcohol metabolism	L5 [dangerous in combination with alcohol]	?	

Dolasetron Mesylate	Anti nausea	L3 [none reported via milk]	?	
Domperidon	Stimulates stomach activity [and milk production]	L1	Compatible	
Dopamine	Adrenergic stimulant	L2 [no absorption]	?	
Dothiepin	Anti depressive	L2	Concern?	
Doxazosin Mesylate	Anti hypertension	L4 [M/P=20!]	?	
Doxepin	Anti depressive	L5[sedative, bad drinking, hypotonic, spitting, jaundice]	Concern?	
Doxercalciferol	Vitamin D	L3 [hyper calcemie?]	?	
Doxorubicine	Cytostatic	L5	Cessation	
Doxycycline	Antibiotic	L3 [L4 in chronic use, teeth color changes and lessens bone growth?]	?	Candida?
Doxylamine	Anti histamine	L4 [none reported via milk, sedative?]	?	
Droperidol	Anti nausea	L3 [none reported via milk, sedative?]	?	
E				
Echinacea	Immune stimulant	L3 [none reported via milk]	?	
Eculisumab	Monoclonal antibody	L3 [none reported via milk]	?	
Efalimumab	Monoclonal antibody	L3 [no data available]	?	
Eletriptan	Anti migraine	L2	?	
Enalapril	Anti hypertension	L2	Compatible	
Encainide	Anti arrhythmic	L3 [extreme caution]	?	
Enoxacin	Antibiotic	L3 [none	?	Candida?

		reported via milk, caution, see Norfloxacin]		
Enoxaparin	Anti coagulant	L3 [none reported via milk, adverse effects unlikely]	?	
Ephedrine	Stimulant	L4 [none reported via milk but observe for agitation etc]	?	
Epinephrine	Stimulant	L1	?	
Epoprostenol	Vasodilator	L3 [none reported via milk, unlikely to be absorbed]	?	
Ergonovine Maleate	Anti postpartum bleeding	L3 [reduces prolactin?]	?	
Ergotamine	Anti migraine	L4 [reduces milk production by chronic use, nausea?]	Caution	
Erythromycine	Antibiotic	L2 L3 early postnatal [pylorus-stenosis!]	Compatible	
Escitalopram	Anti depressant	L2	?	
Esmolol	Beta Blocker	L3 [none reported via milk]	?	
Esomeprasol	Antacid	L2	?	
Estazolam	Benzodiazepine	L3 [none reported via milk, sedation?]	?	
Eszopiclone	Hypnotic	L3 [none reported via milk, sedation?]		
Ethambutol	Anti tubercular	L2	Compatible	
Ethanol	Alcohol	L3 [sedative, irritable, bad drinking, reduces milk production, taste]	Compatible	
Ethosuximide	Anti convulsant	L4 [sedative, bad drinking, irritable]	Compatible	
Ethotoin	Anti convulsant	L3 [none	?	

		reported via milk but see Phenytoin		
Etretinate	Anti psoriatic	L5 [early closing of the fontanel and epiphyses]	?	
Ezetimibe	Reduces cholesterol	L3 [no data available, cholesterol is important!]	?	Better not to use during breast feeding
F				
Famciclovir	Anti viral	L2	?	
Famotidine	Antacid	L1	?	
Felbamate	Anti convulsive	L4 [none reported via milk, serious side effects?]	?	
Felodipine	Anti-hypertensive	L3 [none reported via milk]	?	
Fennel	Estrogenic?	L4 [reduces milk production]		
Fenoprofen	NSAID	L2	?	
Fentanyl	Opium	L2	Compatible	
Fexofenadine	Anti histamine	L2	Compatible	
Filgastim	Increases blood amount	L2	?	
Flavoxate	Urine spasmolytic	L3 [none reported via milk]	?	
Flecainide Acetate	Anti arrhythmic	L3 [nausea?, dizziness, constipation?]	Compatible	
Floxacilline	Antibiotic	L1	?	Candida?
Fluconazol	Anti fungal	L2	Compatible	
Fludrocortison	Steroid	L3 [none reported via milk]	?	
Flunarizine	Anti hypertension	L4 [none reported via milk accumulation?]	?	
Flunitrazepam	Benzodiazepine	L3[L4 by chronic use, sedative?]	?	
Fluorescein	Diagnostic dye	L3 [do not use	Compatible	

		with light therapy because of possible light toxic]		
Fluoride	Enamel hardener	L2	Compatible	
Fluorouracil	Cyto static	L5	?	
Fluoxetine	Anti depressive	L2 older child L3 neonate [crying, cramps, reported once]	Concern?	
Fluphenazine	Psychotherapy	L3 [none reported via milk, sedative?]	?	
Flurazepam	Sedative	L3 [none reported via milk, sedative?]	?	
Flurbiprofen	Analgesic	L2	?	
Fluticason	Steroid	L3 [none reported via milk, adverse effects unlikely]	?	
Fluvastatin	Reduces cholesterol	L3 [none reported via milk but cholesterol is necessary]	?	
Fluvoxamine	Anti depressive	L2	Concern?	
Folic acid	Vitamin	L1	Compatible	
Formoterol Fumarate	Bronchodilatation	L3 [none reported via milk, adverse effects unlikely]	?	
Foscarnet	Anti viral	L4 [kidney toxic? deposits in teeth and bones?]	?	
Fosinopril	Anti hypertension	L3 older child L4 neonate	?	
Fosphenytoine	Anti convulsive	L2	Compatible	
Furazolidon	Antibiotic	L2 older child L4 neonate [hemolytic anemia]	?	Candida?
Furosemide	Diuretic	L3 [reduces milk production?]	?	
G				

Gabapentin	Anti convulsive	L3 [none reported via milk]	?	
Gadodiamide	Contrast bij MRI's	L3 [none reported via milk, adverse effects unlikely]	?	
Gadopentetate	Contrast for MRI's	L2	Compatible	
Gadoteridol	Contrast for MRI's	L3 [none reported via milk, adverse effects unlikely]	?	
Gallium-67 Citrate	Radioactive isotope	L4 [radio active! no breast feeding for 14 days!]	Temporary stop breast feeding	
Gentamicine	Antibiotic	L2	?	Candida?
Gentian violet	Anti fungal	L3 [avoid high doses and long usage]	?	
Glimepiride	Reduces sugar level	L4 [none reported via milk, hypoglycemia]	?	
Glipizide	Reduces sugar level	L3 [milk levels undetectable]	?	
Glucosamine	Anti arthritis	L3 [none reported via milk, adverse effects unlikely]		
Glyburide	Reduces sugar level	L2	?	
Gold	Anti rheumatic	L5 [remains in the body very long, months!]	Compatible	
Grepafloxacin	Antibiotic	L4 [diarrhea? arthropathy?]	?	
Griseofulvine	Anti fungal	L2	?	
H				
Halazepam	anti anxiety	L3	?	
Haloperidol	Anti psychotic	L2	Concern?	
Halothaan	Anesthetic	L2	Compatible	
Heparine	Anti coagulant	L1	?	
Hepatitis vaccine	Vaccine	L2	?	
Heroine	Narcotic	L5 [sedative,	Cessation	

		tremor, restless, bad drinking]		
Hexa chlorophene	Anti septic	L4 [toxic?]	?	
Histamine	Diagnostic agent	L3		
Hydralazine	Anti hypertensive	L2 [hypotension?]	Compatible	
Hydrochlor-thiazide	Diuretic	L2 [reduces milk production?]	Compatible	
Hydrocortison [local]	Steroid	L2	?	
Hydromorphone	Analgesic	L3 [sedative?]	?	
Hydroxychloroquine	Anti rheumatic and -malaria	L2	Compatible	
Hydroxizine	Anti histamine	L1 [sedative?]	?	
Hyoscyamine	Anti cholinergic	L3 [none reported via milk]	?	
I				
I-radioactive		L4	Temporary stop [sometimes complete]	
Ibuprofen	Analgesic	L1	Compatible	
Imipenem	Antibiotic	L2	?	Candida?
Imipramine	Anti depressant	L2 [sedation? dry mouth?]	Concern?	
Indapamide	Diuretic	L3 [none reported via milk]	?	
Indomethacine	NSAID	L3	Compatible	
Infliximab	Anti rheumatic	L2	?	
Insuline	Anti diabetes	L1	?	
Ipratropium Bromide	Bronchodilator	L2	?	
Iron	Metal supplement	L1	?	
Isoniazide	Anti tuberculose	L3 [hepatitis? weakness? spitting?]	Compatible	
Isoproterenol	Bronchodilator	L2	?	
Isosorbide	Opens veins	L3	?	
Isotretinion	Vitamin A derivate	L5 [teratogen]	?	
Isradipine	Anti hypertension	L3 [low blood pressure?]	?	



		sleepiness? low heartbeat?]		
Itrakonazol	Anti fungal	L2	?	
Ivermectin	Anti parasitic	L3	Compatible	
K				
Kalium Iodide	Anti thyroid gland	L4	?	
Kanamicine	Antibiotic	L2	Compatible	Candida?
Kava-kava	Sleeping pill	L5	?	
Ketoconazol	Anti fungal	L2	Compatible	
Ketoprofen	[none reported via milk, adverse effects unlikely] Pain killer	L3	?	
Ketorolac	Analgesic	L2	Compatible	
Kombucha tea	Herbal tea	L5	?	
L				
Labetalol	Anti hypertension	L2	Compatible	
Lamivudine	Anti viral	L2	?	
Lamotrigine	Anti epileptic	L3 [plasma levels 30% of maternal, no adverse effects noted]	Concern?	
Lansoprasole	Reduces gastric acid production	L3 [none reported via milk, adverse effects unlikely]	?	
Latanoprost	Against glaucoma	L3 [none reported via milk]	?	
Lead		L5	?	
Leflunomide	Reduces infections	L4 [malignancy-risk?]	?	
Lepirudin	Anti coagulant	L2	?	
Letrozole	Reduces oestrogen synthesis	L4	?	
Leuprolide acetate	GRH analog	L5 [reduces milk production]	?	
Levalbuterol	Bronchodilatation	L2	?	
Levetiracetam	Anti-epileptic	L3 [none	?	

		reported via milk]		
Levobunolol	Anti glaucoma	L3 [none reported via milk, observe for lethargy and apneu?]	?	
Levocabastine	Used for itch	L2	?	
Levocarnitine	Diet supplement	L3 [no data]		
Levodopa	Anti Parkinson	L4 [reduces milk production]	?	
Levofloxacin	Antibiotic	L3	?	Candida?
Levonorgestrel	Anti contraceptive	L2	Compatible	
Levothyroxine	Thyroid gland hormone	L1	Compatible	
Lidocaine	Anesthetic	L2	Compatible	
Lincomicine	Antibiotic	L2	?	Candida?
Lindane	Anti schurft	L4 [damages nervous system]	?	
Linezolid	Antibiotic	L3 [diarrhea?]	?	Candida?
Liothyronine	Thyroid gland hormone	L2	?	
Lisinopril	Anti hypertensive	L3 [none reported via milk, weakness? hypo tension?]	?	
Lithium	Anti manic depression	L4 [effects heart rhythm, weakness?, control lithium levels]	Caution	
L-Methylfolate	Folic acid metabolite	L3 [none reported via milk]	?	
Lomefloxacin	Antibiotic	L3 [none reported via milk]	?	Candida?
Loperamide	Anti diarrhea	L2	Compatible	
Loracarbef	Antibiotic	L2	?	Candida?
Loratidine	Anti histamine	L1	Compatible	
Lorazepam	Anti fear	L3 [none reported via milk, observe for sleepiness]	Concern?	
Lormetazepam	Sedative	L3 [none reported via milk, milk levels extremely low]		

Losartan	Anti hypertensive	L3	?	
Lovastatin	Reduces cholesterol	L3 [cholesterol is important!]	?	Better discontinue during breast feeding
Loxapine	Tranquillizer	L4	?	
LSD	Hallucinator	L5	?	
Lyme disease vaccine	Vaccine	L2	?	
M				
Magnesium hydroxide	Laxative	L1	?	
Magnesiumsulfate	Anti epileptic and laxative	L1	Compatible	
Mannitol	Diuretic	L3 [temporary less milk production?]	?	
Maprotiline	Anti depressive	L3	?	
Marcoumar	Anti coagulant	L2	Compatible	see Coumarin derivates
Mebendazole	Anti parasitic	L3 [reduces milk production?]	?	
Meclizine	Anti travel sickness	L3 [none reported via milk]	?	
Medroxy progesteron	Hormone	L1 [L4 during the first three days after birth]	Compatible	
Mefloquine	Anti malaria	L2	?	
Melatonine	Hormone	L3	?	
Meloxicam	Reduces infections	L3	?	
Meningococccen vaccin	Vaccine	L1	?	
Menotropine	Hormone	L3 [reduces milk production?]	?	
Meperidine [=Pethidine]	Analgesic	L2 [L3 when used shortly after birth, sedative]	Compatible	Adverse effects increases with anti depressive medication
Mepindolol sulfat	BÄ“ta blocker	L2	?	

Mepivacaine	Local pain killer	L3 [none reported via milk]	?	
Meprobamate	Anti fear	L3 [none reported via milk, sedative?]	?	
Mercaptopurine	Anti cancer	L3	?	
Mercury	Mercury	L5	?	Caution with removing amalgams
Meropenem	Antibiotic	L3 [none reported via milk]	?	Candida?
Mesalamine	Slows thyroid gland	L3 [diarrhea?]	Caution	
Mesoridazine	Anti psychoticum	L4 [sedative!]	Concern?	
Metaxalon	Muscle relaxant	L3	?	
Metformin	Anti diabetic	L1	?	
Methacholine	Broncho constriction	L3	?	
Methadon	Narcotic analgesic	L3	Compatible	
Methicilline	Antibiotic	L3	?	Candida?
Methimazol	Slows thyroid gland	L3 [none reported via milk]	Compatible	
Methocarbamol	Muscle relaxant	L3	?	
Methohexital	Anesthetic	L3 [none reported via milk adverse effects unlikely]	Compatible	
Methotrexate	Anti cancer	L3 for acute use [L5 chronic use]	Cessation	
Methscopolamine	Against cramps	L3 [none reported via milk, adverse effects unlikely]	?	
Methyldopa	Anti hypertension	L2	Compatible	
Methylergonovine	Vasoconstrictor	L2 [L4 chronic use]	?	
Methylphenidate	Anti ADHD	L3 [none reported via milk, observe for insomnia and weight?]	?	
Methylprednisolon	Corticosteroid	L2 [except for long term high]	Compatible	

		dosage]		
Metoclopramide	Prolactin stimulation	L2	Concern?	
Metoprolol	Beta blocker	L3 [none reported via milk, observe for hypo tension? low heart activity?]	Compatible	
Metronidazole	Antibiotic	L2 [possible less drinking]	Concern?	Metallic flavor
Mexiletine	Anti arrhythmic	L2	Compatible	
Miconazol	Anti fungal	L2	?	
Midazolam	Sleeping pill	L3 [none reported via milk]	Concern?	
Midodrine	Anti hypotensive	L3 [none reported via milk, hypertension? insomnia?]	?	
Mifepristone	Anti progesteron	L3 [increases milk production]	?	
Miglitol	Anti diabetic	L2	?	
Minocycline	Antibiotic	L3 [L4 by chronic use, changes teeth color and reduces bone grow]	?	Candida?
Minoxidil	Anti hypertension	L2	Compatible	
Mirtazapine	Anti depressive	L3 [none reported via milk, sedative?]	?	
Misoprostol	Prostaglandine	L3 [none reported via milk, diarrhea? cramps?]	?	
Mitoxantrone	Anti MS	L5	?	
Mivacurium	Blocks muscle activity	L2	?	
Moclobemide	Anti depressive	L3 [none reported via milk]	?	
Modafinil	Keeps awake	L4 [reduces milk production?]	?	
Mometason	Corticosteroid	L3 [none reported via	?	

		milk]		
Montelukast	Anti astma	L3 [none reported via milk]	?	
Morfine	Painkiller	L3 [none reported via milk, maybe sedative by high dosages?]	Compatible	
Moxifloxacin	Antibiotic	L2	?	Candida?
Mupirocin	Anti bacterial crème	L1	?	
Mycophenolate	Reduces immunity	L4	?	
N				
Nabumeton	Anti-inflammatory	L3 [none reported via milk]	?	
Nadolol	Anti hypertensive	L4 [lots goes in mothers milk]	Compatible	
Nafcilline	Antibiotic	L1	?	Candida?
Nalbuphine	Analgesic	L2	?	
Nalidixine zuur	Anti septic	L3 [anemia?]	Compatible	
Naloxon	Antagonist for morphine	L3	?	
Naltrexone	Narcotic antagonist	L1		
Naproxen	Analgesic	L3 [L4 by chronic use]	Compatible	
Naratriptan	Anti migraine	L3 [none reported via milk]	?	
Natalizumab	Anti MS	L3 [no data available]	?	
Nebivolol	Beta blocker	L3 [neonatal hypo glycemia reported]		
Nedocromil	Anti asthmatic	L2	?	
Nefazodone	Anti depressive	L4 [drowsiness, weakness, reduces growth]	?	
Netilmicine	Antibiotic	L3 [none reported via milk, diarrhea?]	?	Candida?
Nevirapine	Anti HIV	L3 [none reported via	?	

		milk]		
Nicardipine	Anti hypertension	L2	?	
Nicotine [chewing gum etc.]	Against smoking	L2	?	
Nicotinezuur	Vitamin B3	L3 [none reported via milk]	?	
Nifedipine	Anti hypertensive	L2	Compatible	
Nimodipine	Anti hypertensive	L2	?	
Nisoldipine	Anti hypertensive	L3 [none reported via milk, hypotension? sedative?]	?	
Nitazoxanide	Anti parasites	L3 [no data available]	?	
Nitrazepam	Sleeping pill	L2 [short term] [sedation?]	?	
Nitrendipine	Anti hypertensive	L2	?	
Nitrofurantoin	Antibiotic	L2 [don't use in babies with G6PD deficiency or younger than one month]	Compatible	Candida?
Nitroglycerine	Opens veins	L4 [none reported via milk, methemoglobinemia?]	?	
Nitroprusside	Hypotensive	L4	?	
Nitrous oxide	Anesthetic gas	L3 [none reported via milk]		
Nizatidine	Reduces gastric acid	L2	?	
Norethindrone	Anti contraceptive	L1	?	
Norethynodrel	Anti contraceptive	L2 [none reported via milk, may reduce milk production?]	?	
Norfloxacin	Antibiotic	L3 [none reported via milk]	?	Candida?
Nortriptyline	Anti depressive	L2	Concern?	
Nystatine	Antifungal	L1	?	

O				
Ofloxacin	Antibiotic	L2	Compatible	Candida?
Olanzapine	Anti psychotic	L2	?	
Olmesartan	Anti hypertension	L3 [older babies]	?	
Olopatadine	Local antihistamine	L2	?	
Olsalazine	Anti inflammatory	L3 [none reported via milk, in long term use diarrhea and cramps?]	?	
Omeprazole	Reduces gastric acid	L2	?	
Ondansetron	Anti nausea	L2	?	
Orlistat	Anti obesity	L3 [none reported via milk, adverse effects unlikely]	?	
Orphenadrine citrate	Muscle relaxant	L3	?	
Oseltamivir	Anti-influenza	L2	?	
Oxaprozine	Analgesic	L3	?	
Oxazepam	Anti fear	L3 [none reported via milk]	?	
Oxcarbazepine	Anti epileptic	L3 [none reported via milk]	?	
Oxybutynine	Anti cramps	L3 [less milk production?]	?	
Oxycodone	Analgesic	L3 [none reported via milk, sedative?]	?	
Oxytocine	Stimulates delivery and TSR	L2	?	
P				
Paclitaxel	Anti cancer	L5	?	
Palonosetron	Anti emetic	L3 [no data available]	?	
Pamidronate	Bone resorption inhibitor	L2	?	
Pantoprazol	Reduces gastric	L1	?	



	acid			
Paracetamol	Analgesic	L1	Compatible	
Paromomycin	amoebicide	L3 [no data available]		
Paroxetine	Anti depressive	L2 [none reported via milk in numerous studies]	Concern?	
Penciclovir	Antiviral	L3 [none reported via milk]	?	
Penicillamine	For arthritis	L4	?	
Penicilline G	Antibiotic	L1 [diarrhea?]	?	Candida?
Pentazocine	Analgesic	L3	?	
Pentobarbital	Hypnotic	L3 [none reported via milk, sedation?]	?	
Pentosal Polysulfate	Analgesic	L2	?	
Pentoxifylline	Reduces blood viscosity	L2	?	
Permethrin	Insecticide	L2	?	
Perphenazine	Anti psychotic	L3 [none reported via milk, sedation?]	Concern?	
Phenazopyridine	Pain killer	L3 [none reported via milk]	?	
Phencyclidine	Hallucinogen	L5	Cessation	
Phenobarbital	Anti-epileptic	L3 [sedation? withdrawal?]	Caution	
Phentermine	Reduces appetite	L4 [reduces drinking?]	?	
Phenylephrine	Constricts blood vessels	L3 [None reported via milk]	?	
Phenyl-propranolamine	Anorexiant	L2 [insomnia?]		
Phenytoine	Anti epileptic	L2	Compatible	
Phytonadion	Vitamin K1	L1	Compatible	
Pilocarpine	Hypotensive	L3 [none reported via milk, cramp, diarrhea?]	?	
Pimecrolimus	For dermatitis	L2 (L4 on the nipple)	?	
Pimozide	Tranquillizer	L4	?	

Pioglitazon	Anti diabetic	L3 [no data available]	?	
Piperacillin	Antibiotic	L2	?	Candida?
Pirbuterol acetate	Broncho-dilatation	L2 [irritation? tremors?]	?	
Piroxicam	Analgesic	L2	Compatible	
Podofilox	Anti fungal	L3 [caution; after use, wait 4 hours before feeding]	?	
Polio vaccine	Vaccine	L2	?	
Polyethyleen glycol	Laxans	L3 [none reported via milk]	?	
Polymixine B sulfate	Antibiotic	L2	?	Candida?
Potassium Iodide	Anti thyroid	L4	?	
Povidon iodine	Anti septic	L4 [reduces thryoid-gland function when used in large amounts?]	Compatible	
Pramipexol	Anti Parkinson	L4 [reduces milk production]	?	
Pramlintide acetate	Anti diabetic	L3 [first week] [none reported via milk] L2 [following weeks, unlikely to enter milk]	?	
Pravastatin	Reduces cholesterol	L3 [cholesterol is important!]	?	Better not to use during breast feeding
Prazepam	Anti fear	L3 [none reported via milk, sedative?]	Concern?	
Praziquantel	Anti worms	L2	?	
Prazosin	Anti hypertension	L4	?	
Prednicarbate	Corticosteroid crème	L3 [not on nipple] [none reported via milk]	?	
Prednison	Corticosteroid	L2	Compatible	
Primaquine fosfate	Anti malaria	L3 [none reported via milk]	?	

Primidone	Anti epileptic	L3 [sedative in neonatal period?]	Caution	
Procainamide	Anti arythmicum	L3 [hypo tension? liver function?]	Compatible	
Procaine	Anesthetic	L3	?	
Pro chlorperazine	Reduces nausea	L3 [none reported via milk, apnea?]	?	
Progesteron	Hormone	L3 [none reported via milk, adverse effects unlikely, maybe less milk production in the first weeks]	Compatible	
Promethazine	Anti histaminic	L2 [none reported via milk, sedative? apnea?]	?	
Propafenon	Anti arythmicum	L2	?	
Propofol	Sedative	L2	?	
Propoxyphene	Analgesic	L2	Compatible	
Propranolol	Beta blocker	L2 [do not use in asthmatic children]	Compatible	
Propylthiouracil	Anti thyroid	L2	Compatible	
Pseudo ephidrine	Decongestant	L3 [by acute usage] L4 [by chronicle use, reduces milk production]	Compatible	
Pyrantel	Anti worms	L3 [none reported via milk]	?	
Pyrazinamide	Anti tubercular	L3 [none reported via milk]	?	
Pyridostigmine	Muscle stimulant	L2	Compatible	
Pyridoxine	Vitamin B 6	L2 L4 in high dosage	Compatible	
Pyrimethamine	Anti malaria, folium acid antagonist	L3 [carcinogen?]	Compatible	
Q				

Quazepam	Sedative	L2	Concern?	
Quetiapine fumarate	Anti psychoticum	L2	?	
Quinacrine	Anti malaria	L4 [by long term use]	?	
Quinapril	Anti Hypertension	L2 L4 [in first days post partum]	?	
Quinidine	Anti arythmicum	L2 [none reported via milk, liver function?]	Compatible	
Quinine	Anti malaria	L2	Compatible	
Quinupristin	Antibiotic	L3 [none reported via milk]	?	Candida?
R				
Rabeprazol	Reduces gastric acid	L3 [none reported via milk]	?	
Rabies vaccine	Vaccine	L3 [none reported via milk]	?	
Ramelteon	Hypnotic	L3 [no data available]	?	
Ramipril	Anti hypertensive	L3 [none reported via milk]	?	
Ranitidine	Reduces heartburn	L2	?	
Remifentanil	Analgesic	L3 [none reported via milk, not absorbed]	?	
Repaglinide	Anti diabeticum	L4 [hypo glyceimic]	?	
Reserpine	Anti hypertensive	L4	?	
Retapamulin	Anti bacterial	L3 [no data available, adverse effects unlikely]	?	
Ribavirin	Antiviral	L4	?	
Riboflavin	Vitamin B2	L1	Compatible	
Rifampicine	Antibiotic	L2	Compatible	Candida?
Rifaximin	Antibiotic	L3 [adverse	?	Candida?

		effects unlikely]		
Rimantadine	Anti viral	L3 [none reported via milk]	?	
Risedronate	For bone resorption	L3 [none reported via milk]	?	
Risperidon	Anti psychotic	L3 [none reported via milk]	?	
Ritodrine		L3 [none reported via milk]	?	
Rizatriptan	Anti migraine	L3 [none reported via milk, sedative?]	?	
Rofecoxib	Analgesic	L2 [cramps?]	?	
Ropinirole	Stimulates dopamine, against restless legs	L4 [reduces milk production!]	?	
Ropivacaine	Local anesthetic	L2	?	
Rosiglitazon	Anti diabetic	L3 [no data available]	?	
Rosuvastin Calcium	Reduces cholesterol	L3 [no data available, cholesterol is important]	?	Better not use during breast feeding
Rotigotine	Dopamine agonist	L4 [reduces milk production?]	?	
Rubella vaccine	Vaccine	L2 [light signs of rubella?]	?	
S				
Saccharine	Sweetener	L3 [none reported via milk]	?	
Sage	Herb	L4 [dry mouth, infected gums?]	?	
Salicylic acid, topical	Anti-acne	L3 [no data available]	?	
Saline laxatives	Laxative	L2	Compatible	
Salmeterol	Bronchodilatation	L2	?	
Salsalate	NSAID	L4 [Reye syndrome?]		
Scopolamine	Anti cholinergicum	L3 [none reported via	?	

		milk, sedative? dry mouth?]		
Secobarbital	Sedativum	L3 [none reported via milk, sedative?]	Compatible	
Selegiline	MAO-inhibitor	L4	?	
Selenium sulfide	Local antibiotic	L3 [none reported via milk, do not apply direct on nipple]	?	
Senna laxatives	Laxative	L3 [thin bowel movements? no drug detected in milk]	Compatible	
Sertraline	Anti depressive	L2	Concern?	
Sevoflurane	Anesthetic	L3 [none reported via milk]	?	
Sibutramine	Reduces appetite	L4	?	
Silicone implants	Mammoplasty	L3	?	
Silver Sulfadiazine	Local antibiotic	L3	?	
Simvastatine	Reduces cholesterol	L3 [cholesterol is important!]	?	Better not to use during breast feeding
Sincalide	For cholecystography	L3 [do not feed first two hours after use]	?	
Sintrom	Anti coagulant	L2	Compatible	see Coumarin derivates
Sirolimus	Immune suppressant	L4 [reduces milk production?]	?	
Sitagliptin Phosphate	Anti diabetic	L3 [no data available]		
Smallpox Vaccine	Vaccine	L4	?	
Sodium Oxybate	CNS depressant	L3 [no data available, sedative?]	?	
Solifenacin succinate	For bladder overactivity	L4 [sedation? dry mouth?]	?	
Somatropine	Growth hormone	L3 [none reported via milk, adverse effects unlikely]	?	
Sotalol	Anti hypertensive	L3 [none reported via	Compatible	

		milk, sedative? hypo tension?]		
Spironolacton	Diuretic	L2	Compatible	
St John's Wort [Sint Jans kruid]	Anti depressive	L2	?	
Streptomycine	Antibiotic	L3 [none reported via milk]	Compatible	Candida?
Strontium89 chloride	Radioactive	L5	?	
Succimer	Against lead poisoning	L3 [none reported via milk]	?	
Sucralfate	Reduces stomach ulcers	L2	?	
Sulconazol Nitrate	Anti fungal	L3 [none reported via milk]	?	
Sulfamethoxazol	Antibiotic	L3 [none reported via milk, caution in jaundices babies and low G6PD]	?	Candida?
Sulfasalazine	Anti inflammatory	L3 [diarrhea?]	Caution	
Sulfisoxazol	Antibiotic	L2 [caution by jaundices babies and low G6PD]	Compatible	Candida?
Sulpiride	Anti depressive	L2	?	
Sumatriptan succinate	Anti migraine	L3 [none reported via milk]	Compatible	
T				
Tacrolimus	Immune- suppressant	L3 [none reported via milk]	?	
Tamoxifen	Anti cancer	L5	?	
Tazaroteen	Anti psoriatic	L3 [none reported via milk, caution if more than 20 % of skin requires usage]	?	
Tea tree oil	Anti fungal	L3 [none reported via milk]	?	

Technetium 99m	Radioactive	L4	Stop breast feeding temporarily!	
Tegaserod maleate	Anti IBS	L3 [none reported via milk]	?	
Telbivudine	Anti hepatitis B	L4	?	
Telithromycine	Antibiotic	L3 [no data available]	?	Candida?
Telmisartan	Anti hypertension	L3 [none reported via milk] L4 [in neonatal period]	?	
Temazepam	Sleeping pill	L3 [none reported via milk, sedative?]	Concern?	
Tenofovir disoproxil fumarate	Anti retroviral	L3 [no data available]	?	
Terazosin HCL	Anti hypertensive	L4	?	
Terbinafine	Anti fungal	L2	?	
Terbutaline	Broncho dilatation	L2	Compatible	
Terconazol	Anti fungus	L3 [none reported via milk]	?	
Tetracycline	Antibiotic	L2	Compatible	Candida?
Thallium 201	Radioactive	L3 Stop breast feeding for 24-48 hours	?	
Theofylline	Broncho dilatation	L3 [none reported via milk, irritation? insomnia?]	Compatible	
Thiabendazol	Anti parasitic	L3 [none reported via milk]	?	
Thiopental sodium	Anesthetic	L3 [none reported via milk]	Compatible	
Thioridazine	Anti psychotic	L4 [neonatal apnea common]	?	
Thiotixeen	Anti psychotic	L4 [sedative? seizures?]	?	
Thyroid scan	Radiographic scan	L4 [possible thyroid suppression]	?	
Thyrotropine	Stimulates	L1	?	



	thyroid gland			
Tiagabine	Anti convulsant	L3 [none reported via milk, sleepiness?]	?	
Ticarcilline	Antibiotic	L1	Compatible	Candida?
Ticlopidine	Anti coagulant	L4	?	
Tigecycline	Antibiotic	L3 [tooth discoloration?]	?	
Timolol	Anti-hypertensive	L2	Compatible	
Tinidazole	Antibiotic	L2	?	Candida?
Tinzaparin sodium	Anti coagulant	L3 [none reported via milk]	?	
Tizanidine	Muscle relaxant	L4	?	
Tobramycin	Antibiotic	L3 [diarrhea?]	?	Candida?
Tocainide	Anti arhythmicum	L4	?	
Tolbutamide	Anti diabeticum	L3 [none reported via milk]	Compatible	
Tolmetin sodium	Analgesic	L3 [none reported via milk]	Compatible	
Tolterodine	Reduces urine incontinence	L3 [none reported via milk]	?	
Topiramate	Anti epileptic	L3 [none reported via milk, sedative?]	?	
Torseamide	Diuretic	L3 [none reported via milk]	?	
Tramadol HCL	Analgesic	L3 [none reported via milk, sedative?]	?	
Trastuzumab	Anti cancer	L4	?	
Trazodone	Anti depressant	L2	Concern?	
Tretinoine	Reduces acne	L3 [when used locally] L4 [when used orally]	?	
Triamcinolon	Corticosteroid	L3 [none reported via milk]	?	
Triamterene	Diuretic	L3 [none reported via milk]	?	

Triazolam	Sleeping pill	L3 [none reported via milk, sedative?]	?	
Trimeprazine	Reduces itch	L3 [none reported via milk, sedative?]	?	
Tri metho-benzamide	Reduces vomiting	L4	?	
Trimethoprim	Antibiotic	L2	Compatible	Candida?
Tripelennamine	Anti histamine	L4 [sedative? sleep apnea?]	?	
Tripolidine	Anti histamine	L1 [sedative?]	Compatible	
Triptorelin pamoate	LHRH analog	L3 [none reported via milk, adverse effects unlikely]		
Tropicamide	Ophthalmic agent	L3 [wait 3-4 hours before feeding]	?	
Tropisetron	Reduces vomiting	L3 [none reported via milk]	?	
Trovaflaxacin	Antibiotic	L4	?	Candida?
Tuberculo-se skin test		L2	?	
Typhoid vaccine	Vaccine	L3 [none reported via milk, killed species suggested]	?	
U				
Ursodiol	Gal acid	L3 [none reported via milk]	?	
V				
Valacyclovir	Anti viral	L1	?	
Valerian	Herb	L3 [none reported via milk]	?	
Valganciclovir	Anti viral	L3 [no data available]	?	
Valproic acid	Anti epileptic	L2	?	
Valsartan	Anti hypertension	L3	?	

Vancomicine	Antibiotic	L1	?	Candida?
Varencline	Smoking cessation	L4	?	
Varicella vaccine	Vaccine	L2 L5 In immuno compromised children	?	
Varicella zoster infection	Chickenpox	L4 [no breast feeding unless guarded with VZIG]	?	
Vasopressin	Anti diuretic	L3 [none reported via milk]	?	
Venlafaxine	Anti depressive	L3 [no data available]	?	
Verapamil	Anti hypertension	L2	Compatible	
Verteporfin	For macula degeneration	L3 [interrupt breast feeding for 24 hours]		
Vigabatrin	Anti convulsant	L3 [none reported via milk]	?	
Vitamin A	Vitamin A	L3 [when not higher than 5000 IU/day]	?	
Vitamin B 12	Vitamin B 12	L1	Compatible	
Vitamin D	Vitamin D	L2	Compatible	
Vitamin E	Vitamin E	L2 [when not applied on nipple]	?	
W				
Warfarine	Anti coagulant	L2	Compatible	
X				
Y				
Yellow fever vaccine	Vaccine	L3 [if older than 6 months] L4 [if younger than 6 months] [none reported via milk]	?	

Z				
Zafirlukast	Anti astma	L3 [none reported via milk]	?	
Zaleplon	Sleeping pill	L2	?	
Zanamivir	Anti viral	L3 [no data available]	?	
Zidovudine	Anti viral	L3 [high blood levels in babies?]	?	
Zink salts	Crèmes etc.	L2	?	
Ziprasidone	Anti psychotic	L4	?	
Zolmitriptan	Anti migraine	L3 [none reported via milk]	?	
Zolpidem tartrate	Sleeping pill	L3 [poor feeding? sleepiness?]	Compatible	
Zonisamide	Anti convulsive	L5 [very high blood levels!]	?	
Zopiclone	Sleeping pill	L2	?	
Zuclopenthixol	Anti psychotic	L3 [none reported via milk]		



### Literature and further reading

- [Medication and Mother's milk \[2008\]](#), Thomas Hale, pharmacologist
- The [website](#) of Thomas Hale, pharmacologist
- [The Transfer of Drugs and Other Chemicals Into Human Milk](#)
- [The Transfer of Drugs and Other Chemicals Into Human Milk \[pdf\]](#)

### Footnote

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